

January Lunch Menu 2018



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| | | 3 Grilled Cheese Sandwich with Cup of Tomato Soup \$5.00 NO DELI OR SALAD BAR TODAY | 4 Tender Beef Stroganoff over Egg Noodles Served with Glazed Carrots \$5.00 | 5 Fresh Grilled Pizza Wrap Served with Waffle Fries and a Fruit \$5.00 | |
| | | 8 Savory BBQ Ribette Sandwich Served with A Side of Fries \$5.00 | 9 Taco Tuesday Choice of Chicken or Beef (2) Served with Spanish Rice \$5.00 | 10 Savory Cheese Ravioli Served with Garlic Toast and a Side of Seasoned Broccoli \$5.00 | 11 Roasted Chicken Dinner Served with Mashed Potatoes and Gravy Side of Vegetable Blend and a Dinner Roll \$5.00 |
| 15 Martin Luther King Day NO SCHOOL | | 16 Cheesy Beefy Nachos Served with Spicy Refried Beans and Cilantro Lime Rice \$5.00 | 17 House Made Chicken Tenders Served with Seasoned Fries and a side of Cole Slaw \$5.00 | 18 Tender Pulled Pork over Garlic Toast and a Side of Steamed Vegetables and Home Made Pasta Salad \$5.00 | 19 French Bread Pizza Choice of Pepperoni or Cheese Served with Fries \$5.00 |
| 22 Savory Chili Con Carne Served with Corn Bread \$5.00 | 23 Fresh Made Fettuccini Alfredo with Shrimp Served with Fresh Steamed Green Beans \$5.00 | 24 Crispy Popcorn Chicken Served with a Side of Home Made Mac and Cheese \$5.00 | 25 Fresh Grilled Italian Sausage and Roasted Peppers Served with Tator Tots \$5.00 | 26 Home made Cuban Wrap (served Warm) Pork Ham and Swiss Cheese Your Choice of Chips \$5.00 | |
| 29 Corn Dogs (2) Served with Seasoned Potato Wedges \$5.00 | 30 Your Choice of TWO: Tender Orange Chicken Egg Roll Fried Rice Rice Noodles \$5.00 Fortune Cookie With All Meals! | 31 Italian Seasoned Beef Sandwiches Served with Roasted Peppers and a Side of Home Made Cole Slaw \$5.00 | | | |

Deposit Money Into Your Food Service Account at
www.mymealtime.com

Make deposits and never worry about packing a lunch or having cash!

Contact the Food Service Office Located at St. Edward High School by Calling
847.741.7536 Ext 109
 or email ddemma@questfms.com

St Edward Central Catholic HS

January Breakfast 2018



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| <p>Questions Comments? Please Contact Chef Manager Debbie Demma</p> <p>ddemma@questfms.com 847.741.7536 ext. 109</p> | | <p>3 <u>DAILY SPECIAL</u> Freshly Prepared Pancakes with Syrup and Fruit or Milk \$2.50 <u>RISE Special</u> Pepper & Egg Sandwich On A French Roll \$3.50</p> | <p>4 <u>DAILY SPECIAL</u> Freshly Prepared French Toast with Syrup Fruit or Milk \$2.50 <u>RISE Special</u> Fiesta Egg Taco Served with Freshly Prepared Pico De Gallo \$2.00 each</p> | <p>5 <u>DAILY SPECIAL</u> Breakfast Bake with Sausage Egg & Cheese \$2.50 <u>RISE Special</u> Breakfast_Muffin Sandwich English muffin with ham egg and cheese \$3.50</p> | |
| <p>8 <u>DAILY SPECIAL</u> Scrambled Eggs with Fruit or Milk \$2.50 <u>RISE Special</u> Sausage Egg & Cheese Biscuit Sandwich \$3.50</p> | <p>9 <u>DAILY SPECIAL</u> Waffles (2 pc) With Syrup And Fruit or Milk \$2.50 <u>RISE Special</u> <u>ALL NEW:</u> Sausage Breakfast Pizza \$3.50</p> | <p>10 <u>DAILY SPECIAL</u> Freshly Prepared Pancakes with Syrup and Fruit or Milk \$2.50 <u>RISE Special</u> Two! Apple Crepes \$3.50</p> | <p>11 <u>DAILY SPECIAL</u> Freshly Prepared French Toast with Syrup Fruit or Milk \$2.50 <u>RISE Special</u> Fiesta Egg Taco Served with Freshly Prepared Pico De Gallo \$2.00 each</p> | <p>12 <u>DAILY SPECIAL ENTREE</u> Breakfast Bake with Sausage Egg & Cheese \$2.50 <u>RISE Special</u> Breakfast_Muffin Sandwich English muffin with ham egg and cheese \$3.50</p> | |
| <p>15 Martin Luther King Day NO SCHOOL</p> | | <p>16 <u>DAILY SPECIAL</u> Waffles (2 pc) With Syrup And Fruit or Milk \$2.50 <u>RISE Special</u> Breakfast Burrito Sausage Egg Peppers Onions and Cheese Wrapped in a flour tortilla and topped with Sour Cream and Salsa \$3.50</p> | <p>17 <u>DAILY SPECIAL</u> Freshly Prepared Pancakes with Syrup and Fruit or Milk \$2.50 <u>RISE Special</u> Two! Apple Crepes \$3.50</p> | <p>18 <u>DAILY SPECIAL</u> Freshly Prepared French Toast with Syrup Fruit or Milk \$2.50 <u>RISE Special</u> Fiesta Egg Taco Served with Freshly Prepared Pico De Gallo \$2.00 each</p> | <p>19 <u>DAILY SPECIAL</u> Breakfast Bake with Sausage Egg & Cheese \$2.50 <u>RISE Special</u> Breakfast_Muffin Sandwich English muffin with ham egg and cheese \$3.50</p> |
| <p>22 <u>DAILY SPECIAL</u> Scrambled Eggs with Fruit or Milk \$2.50 <u>RISE Special</u> Sausage Egg & Cheese Biscuit Sandwich \$3.50</p> | <p>23 <u>DAILY SPECIAL ENTREE</u> Waffles (2 pc) With Syrup And Fruit or Milk \$2.50 <u>RISE Special</u> Sausage Breakfast Pizza \$3.50</p> | <p>24 <u>DAILY SPECIAL ENTREE</u> Freshly Prepared Pancakes with Syrup and Fruit or Milk \$2.50 <u>RISE Special</u> Pepper & Egg Sandwich On A French Roll \$3.50</p> | <p>25 <u>DAILY SPECIAL ENTREE</u> Freshly Prepared French Toast with Syrup Fruit or Milk \$2.50 <u>RISE Special</u> Fiesta Egg Taco Served with Freshly Prepared Pico De Gallo \$2.00 each</p> | <p>26 <u>DAILY SPECIAL ENTREE</u> Breakfast Bake with Sausage Egg & Cheese \$2.50 <u>RISE Special</u> Breakfast_Muffin Sandwich English muffin with ham egg and cheese \$3.50</p> | |
| <p>29 <u>DAILY SPECIAL ENTREE</u> Scrambled Eggs with Fruit or Milk \$2.50 <u>RISE Special</u> Sausage Egg & Cheese Biscuit Sandwich \$3.50</p> | <p>30 <u>DAILY SPECIAL ENTREE</u> Waffles (2 pc) With Syrup And Fruit or Milk \$2.50 <u>RISE Special</u> Breakfast Burrito Sausage Egg Peppers Onions and Cheese Wrapped in a flour tortilla and topped with Sour Cream and Salsa \$3.50</p> | <p>31 <u>DAILY SPECIAL ENTREE</u> Freshly Prepared Pancakes with Syrup and Fruit or Milk \$2.50 <u>RISE Special</u> Two! Apple Crepes \$3.50</p> | <p>COME DOWN AND TRY OUR FRESHLY PREPARED FRUIT & YOGURT PARFAIT OR GRAB A FRESHLY BAKED STILL WARM OOEY GOOEY CINNAMON ROLL! <i>Also Available Daily:</i> <i>Oatmeal Hot Cocoa</i> <i>And More!</i></p> | | |

**BREAKFAST
SERVED DAILY**

7am – 7:40am

RISE BREAKFAST SPECIAL
\$3.00 - \$4.00
Breakfast Sandwich or Burrito
\$2.50 - \$3.50